

Maybe he needs to lose some weight?

Maybe he's lost his spark?

Maybe he doesn't find me attractive any more?

MAYBE I'M JUST GETTING OLDER?

Maybe it's his diabetes?

Maybe he's just tired?

Sound familiar? Maybe you've got low testosterone levels

If you are a man aged 40–70 who's experiencing any of the symptoms listed, you could be suffering from low testosterone.

If you recognise any of these, why not pick up a leaflet here in the surgery? Inside is a simple questionnaire that will tell you whether you need to have your testosterone level checked.

Talk to your doctor about low testosterone.

- Weight gain around the middle
- Depressed mood
- Lack of energy and vitality
- Low sex drive
- Problems with erections